

Dear parents.

It is likely to be particularly hot next Monday and Tuesday.

In line with [government guidance](#) on looking after young children who find it hard to regulate their own temperature during heatwaves, we have decided to make some changes for this extraordinary time.

**Primary children are encouraged to:**

- **Wear PE kit to school every day next week every day Monday-Thursday** (*Please be mindful that secondary pupils will continue to wear shirts and trousers/skirts but with no ties.*)
- not wear layers underneath their uniform – they are very unlikely to need jumpers – they will be encouraged to remove them to help regulate their temperatures.
- **wear a hat to school every day**
- **have a water bottle**, which we will monitor filling up multiple times throughout the day.

**Secondary children are encouraged to:**

- **Wear PE kit (e.g. KSA sports top and shorts) or School Uniform on Monday or Tuesday** (whichever the pupil finds cooler) Uniform can include short sleeved white shirts
- not wear layers over or underneath their uniform –they will be encouraged to remove jumpers/blazers to help regulate their temperatures.
- **wear a hat to school every day**
- **have a water bottle**, which we will monitor filling up multiple times throughout the day. Secondary children must arrive to school with a full water bottle.
- **some classes will be moved location to take advantage of rooms with cooling**

Children will be encouraged to play in the shade and not in full sun. PE lessons will be moved to shady areas or indoors.

We look forward to looking after your children right through to the end of term!

Kind regards,

King Solomon Academy